



Thinking of walking Isaac's Tea Trail? 'A Guide to Isaac's Tea Trail: Hidden Heritage in England's North Country' is the ideal companion. Written by the trail's creator, Roger Morris, it includes:

- Clear, especially drawn maps
- 100 people and places of heritage interest
- An insert with accommodation and service providers

The 32 page guide can be purchased in Allenheads at the Hemmel Shop for only £4.95 or by mail order for £6.00 to cover P&P. Please make payment by cheque to 'Allenheads Trust Ltd', including your name and address, to:

Allenheads Trust Ltd  
Allenheads  
HEXHAM  
NE47 9HN

Alternatively look out for the guide in Tourist Information Centres and bookshops.  
ISBN 978-0-9560122-1-0

A small (1m x 2m x 4) free-standing display about Isaac Holden is available free of charge on request.



- Isaac's Tea Trail route
- Suggested diversion to Allenheads
- North Pennines Area of Outstanding Natural Beauty

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### Allenheads is well worth a diversion:

- 19th century mining village
- Hemmel Coffee Shop
- Heritage Centre
- Armstrong engine
- Blacksmith's shop
- Heritage and geology walks
- On the C2C cycle route



The European Agricultural Fund for Rural Development:  
Europe investing in rural areas.



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Leaflet design by Marcus Byros: studio@marcusbyros.co.uk



a circular walk of 36 miles (58km)  
Allendale – Nenthead – Alston – Ninebanks  
Includes an optional diversion to Allenheads



"...one of the last great undiscovered treks in England."  
(Listed in 'Top 100 holiday ideas',  
The Independent)

DISCOVER ENGLAND'S HIDDEN NORTH COUNTRY



# WELCOME TO ISAAC'S TEA TRAIL

**Isaac's Tea Trail is a Long Distance Path of just over 36 miles.** It was launched in 2002, inspired by the tale of Isaac Holden, an itinerant tea seller who in Victorian times was a familiar figure on the rough tracks over Allendale Common and Alston Moor. However, anyone expecting to find tea plantations on the south-facing slopes of the Northumberland and Cumbrian hills is likely to be disappointed. In addition to being a tea-seller, Isaac was a celebrated local philanthropist, perhaps best remembered by Isaac's Well in Allendale, also the start of the trail.

Since 2007, the trail has been administered by Allenheads Trust Ltd with help from Northumberland County Council's Area Rights of Way Officer, and a network of organisations, including the Long Distance Walkers Association and Ramblers, as well as many helpful individuals; all vital to the promotion and maintenance of the trail's footpaths – although there is always scope for more support. The publication of 'A Guide to Isaac's Tea Trail: Hidden Heritage in England's North Country' will make following the trail easier, as well as throwing fresh light on places of historical interest seen upon the way.

*Roger Morris.*



Walkers from Allendale WI on Isaac's Tea Trail at Clarghyll on the border between Cumbria and Northumberland

## FLOWERS & WILDLIFE

The heritage may be hidden – the flowers and wildlife are not. The spring and early summer are when the hay meadows and moorland buzz most vibrantly with wildlife, disturbed only by the occasional walker. However, at anytime of the year you can enjoy the thrill of seeing something new in the natural world.



Lapwing  
©northeastwildlife.co.uk



Grass of Parnassus



Red squirrel  
©northeastwildlife.co.uk



Harebell

## NORTH COUNTRY WORDS FROM ISAAC'S TIME

The unique identity of Northern England is evident in local language and dialect. Although many words and phrases disappeared with the end of the lead mines, changes in agriculture, and as people left in search of work, you can still hear traces of a dialect that hasn't changed very much since Isaac Holden roamed the fells.

**Mining**  
**greaver** (*miner*)  
**galloway** (*pony*)  
**cracket** (*low wooden stool*)  
**snape bog wood** (*stolen timber*)



**Farming**  
**kye** (*cow*)  
**coup cart** (*low cart without sides*)  
**bubbly-jock** (*turkey-cock*)  
**stints** (*fell grazing rights*)  
**dess** (*a rectangular section of hay*)  
**haver** (*oats*)



**Domestic**  
**budget** (*back pack*)  
**cats** (*balls of clay mixed with coal for fire*)  
**cadger** (*itinerant seller*)  
**crowdy** (*porridge*)  
**tommy trot** (*toffee*)  
**maskin** (*tea leaves*)  
**wigs** (*tea cakes*)

**Birds**  
**corby** (*crow*)  
**cushat** (*wood pigeon*)  
**tuefit** (*lapwing*)  
**shavey** (*chaffinch*)  
**throssle** (*thrush*)



...and some others!  
**clarts** (*mud*)  
**foot-pad** (*robber*)  
**hauft thick** (*blockhead*)  
**gowk** (*fool*)  
**kenspeckled** (*distinctive*)  
**jannock** (*honest*)  
**jimp** (*narrow*)  
**marra** (*equal*)  
**oxters** (*armpits*)  
**thrang** (*busy*)





**Follow Isaac's Tea Trail** and discover the hidden heritage of the North Pennines. A trail based on the life and travels of the itinerant tea seller and fundraiser Isaac Holden (1804 – 1857). You will follow river side paths, through farmland to the open moorland with fell top views. The trail usually takes between 2 to 4 days from start to finish. There is a wide choice of accommodation and flexibility of where to stay.

The trail is in sections and the times given are only a rough guide and vary with the weather, fitness and the number of stops taken.

**Section 1, Allendale to Nenthead.**

Distance 11¼ miles or 18 km Allow: 6 hours

**Section 2, Nenthead to Alston.**

Distance 5½ miles or 8.9 km Allow: 3 hours

**Section 3, Alston to Ninebanks.**

Distance 11¼ miles or 19.1 km Allow: 6½ hours

**Section 4, Ninebanks to Allendale.**

Distance 7¾ miles or 12.6 km Allow: 5 hours



13 Peel Tower



12 Ninebanks Church



11 Bridge over Dry Burn



11 Hearse House



10 Kirkhaugh Church



9 Whitley Castle Roman Fort (Epiacum)



8 Greenends



7 Wesleyan Chapel, Nenthead

**Ordnance Survey Maps**

Isaac's Tea Trail is printed on the OS maps OL series 43 Hadrian's Wall and 31 North Pennines and Landranger 87 Hexham and Haltwhistle.

Further information is on the website [www.northumberlandlife.org/teatrail](http://www.northumberlandlife.org/teatrail)





5 Wesleyan Chapel, Keenley

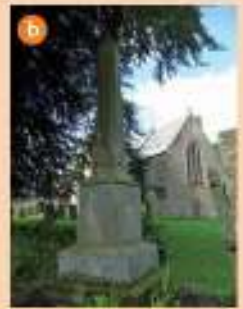


10 Blakett Level

## 1 Allendale

Isaac's home town of Allendale is the suggested start and finish point for walking the trail. There is lots to look out for here relating to Isaac and his fundraising work:

- a Savings Bank
- b Holden Memorial
- c Isaac Holden's tap
- d Library (former chapel)
- e Isaac's Well
- f Trinity Methodist Chapel
- g Tea Rooms (former Post Office and stationer)



2 Rowantree Stobb bastle



3 Walkers on the Black Way



6 Roughside



5 Coalcleugh in winter



4 Rushynea and The States